

**'My wife insists on going to see these awful films — "slurpies", I call 'em — where you spend the whole time feeling like your gran's just died. By the time the credits were rolling, I was almost having a nervous breakdown'**

## Ask Dr Ozzy

**+ Dear Dr Ozzy Here in Denmark, people think you can get drunk by bathing your feet in a tub of vodka, as the skin absorbs the booze in the same way as your stomach lining. Is this true?**

**Henrik, Copenhagen**

Yes and no. I tried it once, but got bored after a few minutes and began drinking from the tub.

The next day I wasn't sure if it was my feet or mouth that had given me the hangover.

**+ My four-year-old daughter is addicted to Angry Birds on my iPad. Can this be harmful?**  
**Scott, Los Angeles**

I don't understand a word of this question. Why do you have birds on your iPad? Why are they so cheeased off? If this is some kind of video game, I don't think there's anything wrong with your daughter playing it — as long as there's a time limit. Instead of snatching it away when her 15 minutes (or whatever) is up — which will just make her want it more — try distracting her with something else... like the telly. Or ice cream.

**+ Can you finally explain why it's so hard for men to cry?**  
**Abigail, Wrexham**

It's not that it's hard, it's just that we don't particularly enjoy it. Every now and again — like once a decade — a good old cry clears the air, but it ain't something your average bloke wants to do on a regular basis, because it's exhausting. Women, on the other hand, can't seem to get enough of it. My wife insists on going to see these awful films — "slurpies", I call 'em — where you spend the whole time feeling like your gran's just died. I still remember the last one I was dragged to. By the time the credits were rolling, I was almost having a nervous breakdown, then I thought: "Why



am I sitting here, in a dark room, feeling all unnecessarily choked up?" When I looked over at Sharon, she was even more puffy-faced than I was. Then she goes: "Oooh, wasn't that brilliant, Ozzy?" It's at moments like that when I think that men and women might as well be from different planets.

**+ This might sound strange, but I've noticed that when I stare at my testicles for a long time, they seem to move all by themselves... Is this normal? It's freaking me out!**

**Jason, 13, Kent**

It's normal. If they start moonwalking, you may have a problem... but they definitely move on their own 'cos they're surrounded by a layer of jelly (I'm sure this isn't the technical term) and, as everyone

knows who's looked at a bowl of jelly, it tends to wobble around a lot for no reason. On a separate note, you might want to spend less time staring at your testicles.

**+ I recently discovered my 13-year-old daughter has been text-messaging racy photographs of herself to her boyfriend. What should I do?**  
**Janice, north London**

Get everyone in a room together — you, your daughter, your daughter's father, the boyfriend, the boyfriend's parents — and deliver the bollocking of a lifetime. Ram it home to them how stupid it is. Then ensure all copies of those pics are destroyed. You need to make it clear that you aren't angry with them, but that when they press "send" on a phone or a computer, they will lose control

of that image for ever. All it takes is for some idiot to pick up the boyfriend's phone and forward the photograph, and within a few hours it could have gone around the world twice and ended up on the kind of websites you don't want to believe exist. That's not to mention the embarrassment she would suffer if her classmates got hold of it.

**+ Do you think people should be allowed to rate their doctors on the internet, like they can rate albums? Or do you think the medical profession is too important to be subjected to the kind of abuse you got in 1970 for the first Black Sabbath album?**  
**Sally, Glasgow**

Honestly? I don't know. My GP might give me a drug for something, and I might get better with no side effects. Another person might get the same treatment, and his head might swell up to 10 times its normal size. So would it be fair if the guy with the massive head gave the doc a bad review?

Probably not. Then again, if you were gonna have heart surgery, and the reviews told you your surgeon's last 10 patients had croaked it on the operating table, you'd want to know that. The bottom line is, though, a doctor spends years and years and serious amounts of dough to become qualified to make life-or-death decisions — so it ain't fair if one person can ruin his career with a review that takes three minutes to write ■

*Ozzy was talking to Chris Ayres*

**Do you have a question for Dr Ozzy? Email him at [askdrozzy@sunday-times.co.uk](mailto:askdrozzy@sunday-times.co.uk)**

**Warning: Ozzy Osbourne is not a qualified medical professional. Caution is advised**