

'When I lived in Palm Springs, Gerald Ford used to hit someone with a golf ball every other week. You weren't a real local until you had a signed letter from the president, apologising for the bruise on your forehead'

Ask Dr Ozzy

+ Dear Dr Ozzy My 10-year-old daughter borrowed my iPad without asking and found an explicit photo of me and my girlfriend on it (I'm recently divorced from her mum). Now she won't speak to me and I'm terrified of what my ex-wife is going to do. Help!

Jerry, Milton Keynes

Adopt the brace position and prepare for the bollocking of a lifetime. To be honest, I ain't overflowing with sympathy. I'm useless when it comes to iThis and iThat, but it doesn't take Stephen Hawking to set a password before leaving a computer lying around, especially if there are kids in the house. Mind you, taking those dirty pictures in the first place wasn't exactly a clever idea; you're the one who's meant to be warning your kids about "sexting". The divorce only makes things worse, 'cos your daughter was probably feeling insecure about your new relationship. When she can finally look you in the eye again, you need to sit down and have a heart-to-heart. While you ain't in the clear yourself, you need to explain to her that some things in life are private. When she gets older, she'll expect you to give her personal space, too.

+ I'm thinking of getting cosmetic surgery done, but I feel very self-conscious about anyone seeing me with bandages over my face during the recovery period. I'm also concerned about the stares I'll get when I show up in the office with a completely different face.

Sarah, Keswick

What are you planning to do when your face is all bandaged up — go clubbing for a week in Ibiza? You're gonna have to stay indoors and rest after the op, so you won't need to see anyone unless you want to. As for the last part of your question:



I don't understand why you're changing your appearance if you're worried about people noticing that you look different. It sounds like you haven't thought this through. I'd put everything on hold til you've sorted this out in your head.

+ My friend and I — we're both married men — have been reliving old times by going out drinking and chatting up women, but stopping before any infidelity takes place. We call these 'dry runs', because they give us the thrill of the chase without breaking any rules. Should we feel guilty?

Michael, London

Playing with matches is a lot of fun, but at some point your wig's gonna catch fire. There's no way this can end well for you. One night you'll

have too many drinks, you'll do a "dry run" on a chick who's beautiful and single, she'll make the first move, and before you know it you'll be signing your divorce papers. Get a lap dance if you're desperate for a quick thrill, or better yet, take the missus away for a dirty weekend.

+ My neighbour plays his Elton John records at full blast every Sunday morning — the one day I get to sleep in. No offence to Sir Elton, but what can I do to banish Rocket Man from my life for good?

Adriana, Bergamo, Italy

Ask him nicely to turn it down, and if that doesn't work, buy some earplugs, unless you want to start a feud. Also, let's face it: the situation could be worse: he could be playing Justin Bieber.

+ Okay, I'm gonna come out and say it: I'm 40, between jobs, and single. How bad is it if I move back in with my parents, who have plenty of room? I'm not relishing the thought, but it would save money while I get my life together.

Robert, Pontefract, West Yorks

It sounds like you're trying to live your life by other people's rules. If you like your parents, and they don't mind you in their house, then move in. If you were Italian, you wouldn't think twice about it — most guys over there live with their mothers until they get hitched, no matter how long it takes. I realise people might not be so cool with that kind of thing in West Yorkshire, but it's better than being so broke you can't afford to eat, never mind pay for dates.

+ My husband wants to buy a holiday home in a 'gated community' on a golf course, but I'm afraid of being killed by a stray ball. He says I'm being paranoid. Am I?

Liz, Surrey

No, you ain't. When I lived in Palm Springs, Gerald Ford used to hit someone with a golf ball just about every other week. It became a standing joke: you weren't a real local until you had a signed letter of from the president, apologising for the bruise on your forehead. Not that golf balls are harmless, mind you: they're hard as rocks and travel at over 100mph, so yeah, they can kill you if you're unlucky. But you have to be very unlucky ■
Ozzy was talking to Chris Ayres

Do you have a question for Dr Ozzy? Email him at askdrozzy@sunday-times.co.uk

Warning: Ozzy Osbourne is not a qualified medical professional. Caution is advised